



# Helping people reduce sexual health risk using a Motivational Interviewing approach

## Introductory day and follow-up day 2011/12

### Introductory Day:

To prepare sexual health staff to deliver the 2007 NICE recommendation of structured one to one risk reduction discussions based on a theory of behaviour change, for people at high risk of STI or under 18 pregnancies.

### Follow-up day:

To consolidate learning in the use of Motivational Interviewing - following attendance at a previous SSHA study day, or equivalent training. The focus will be on practical application with clients, using case discussions and practice exercises.

Venues	Study day type and trainers	Date
Royal Hallamshire Hosp. Sheffield.	<b>Introductory day:</b> Gill Bell and Dorinda Thirlby	<i>Saturday 28th January 2012</i> 0930 – 1630 Lunch provided
Royal Hallamshire Hosp. Sheffield.	<b>Follow-up day:</b> Gill Bell and Dorinda Thirlby	<i>Saturday 12<sup>th</sup> May 2012</i> 0930 – 1630 Lunch provided
Chelsea and Westminster Hospital SW10	<b>Introductory day:</b> Heather Wilson and Donal Traynor	<i>Saturday 28 April 2012</i> 0930 – 1630 Lunch provided
Chelsea and Westminster Hospital SW10	<b>Follow-up day:</b> Heather Wilson and Donal Traynor	<i>Saturday 19 May 2012</i> 0930 – 1630 Lunch Provided

**Cost per day: £60.00 for SSHA members**  
**£75.00 for non-SSHA members**

- The fee covers expenses and honoraria for the trainers and is not for profit.
- Places can be provisionally booked but will only be confirmed when payment has been received or your organisation/Trust has agreed to pay.
- Payment methods are described on the application form below.
- Receipts will be issued to allow delegates to claim the fee back from their Trust/organisation, or the local STIF co-ordinator.
- Confirmation letters, venue details and a timetable will be sent by email (or post if no email address) prior to the study day.
- Seven days notice or place reallocated – full refund. Last minute/no notice or place not reallocated – no refund

**APPLICATION FORM**  
**MOTIVATIONAL INTERVIEWING STUDY DAYS**

Name

Job Title

Address

Trust/Organisation

Tel

SSHA number (if applicable)

Email

Date/Venue of preferred study day

Method of payment (please tick)

- Cheque for £60 (SSHA)/£75 (non-SSHA) enclosed with application
- BACS transfer (details will be sent out if required)
- Invoice to Trust/PCT/Organisation

*Please fill in correct invoice details to avoid delays in payment and confirming places*

Name \_\_\_\_\_

Trust/PCT/Organisation \_\_\_\_\_

Address \_\_\_\_\_

Tel \_\_\_\_\_

Email \_\_\_\_\_

**Please return completed form to:**

Julie Githiri-Goko  
34 Allnatt Avenue  
Winnersh  
Wokingham  
RG41 5AU

**Tel:** 07980264710  
**Email:** jgg21@hotmail.co.uk  
Please phone or email for any booking  
enquiries or cancellations